

# *Body Positive Social Media Account Recommendations*

## *Instagram*

Bodyposipanda

Drcolleenreichmann

Drstacey

Recoveryeverydamnday

Chooselifewarrior

Jennifer\_rollin

Thebodyisnotanapology

Diannebondyyoga

Immaeatthat

Themilitantbaker

Themindfuldietitian

Virgietovar

Haescoach

Body\_peace\_liberation

## *Facebook*

Bodyposipanda

Body Positive Australia

The Moderation Movement

Body Peace and Liberation

Dr. Colleen Reichmann

Jennifer Rollin, MSW, LCSW-C

Beauty Redefined

Josée Sovinsky Nutrition

The Body Love Society

Body Kindness with Rebecca Scritchfield, RDN

### *Facebook Groups*

Life Unrestricted

Body Positive for Women

Break the Rules: Body Positive and Anti-Diet Community With Summer Innanen

Food Psych Podcast Listener Crew

### *Podcasts*

Food Psych

Body Kindness

The Body Love Project

Fearless Rebelle Radio